

USCAA 2000 National Meet

2000 Event	Day / Time	Fin/ Pre	Dist	Sex	Age	00 Name	00 Result	Place
MENS 5K	Sa8:00	FINAL	5K	M	47	Hull, Chuck	16:47	1
MENS 5K	Sa8:00	FINAL	5K	M	36	VanDerWiejden, Richard	15:53	2
MENS 5K	Sa8:00	FINAL	5K	M	48	Jenkins, JJ	17:02	4
MENS 5K	Sa8:00	FINAL	5K	M	33	Scales, Richard	16:53	4
MENS 5K	Sa8:00	FINAL	5K	M	45	Haschke, Russell	18:27	9
Result			----	----	----		5th	20
WOMENS 5K	Sa8:30	FINAL	5K	F	23	Riggle, Becky	0:19:16	1
WOMENS 5K	Sa8:30	FINAL	5K	F	58	Salter, Mary	0:26:43	3
WOMENS 5K	Sa8:30	FINAL	5K	F	26	Scales, Fanny	0:20:46	4
WOMENS 5K	Sa8:30	FINAL	5K	F	51	Adams, Shirley	0:23:28	7
WOMENS 5K	Sa8:30	FINAL	5K	F	40	Kraft, Laureen	0:20:49	9
WOMENS 5K	Sa8:30	FINAL	5K	F	44	Hagar, Diana	0:22:21	11
Result			----	----	----		7th	15 15
MENS 10K	Su7:00	FINAL	10K	M	36	VanDerWiejden, Richard	0:33:29	1
MENS 10K	Su7:00	FINAL	10K	M	47	Hull, Chuck	0:35:17	2
MENS 10K	Su7:00	FINAL	10K	M	48	Jenkins, JJ	0:36:47	5
MENS 10K	Su7:00	FINAL	10K	M	33	Scales, Richard	0:36:59	5
MENS 10K	Su7:00	FINAL	10K	M	45	Haschke, Russell	0:38:02	6
MENS 10K	Su7:00	FINAL	10K	M	28	Sucher, Brad	0:41:46	8
MENS 10K	Su7:00	FINAL	10K	M	42	Drumm, Jim	0:37:31	11
Result			----	----	----		6th	19
WOMENS 10K	Su8:00	FINAL	10K	F	23	Riggle, Becky	0:41:12	1
WOMENS 10K	Su8:00	FINAL	10K	F	58	Salter, Mary	0:57:03	3
WOMENS 10K	Su8:00	FINAL	10K	F	40	Kraft, Laureen	0:44:03	5
WOMENS 10K	Su8:00	FINAL	10K	F	44	Hagar, Diana	0:46:30	6
WOMENS 10K	Su8:00	FINAL	10K	F	51	Adams, Shirley	0:50:33	7
Result			----	----	----		7th	15
Y2K Relay	Sa10:10	prelim	800	M	50	King, Rio		
Y2K Relay	Sa10:10	prelim	800	M	40	Desosa, Dave		
Y2K Relay	Sa10:10	prelim	400	F	40	Allesandra, Lita		
Result	predicted>		----	----	-----			10th
Y2K Relay	Su11:00	FINAL	800	M	50	King, Rio	02:31.8	
Y2K Relay	Su11:00	FINAL	800	M	40	Desosa, Dave	02:05.2	
Y2K Relay	Su11:00	FINAL	400	F	40	Allesandra, Lita	01:07.8	
Result	predicted>	3rd						5th 05:44.8
4 X 100 RELAY	Sa10:35	prelim	100	F	40	Samilton, Cynthia	14.45	
4 X 100 RELAY	Sa10:35	prelim	100	F	OPEN	Powell, Sharonda	13.31	
4 X 100 RELAY	Sa10:35	prelim	100	M	40	Westbrook, Paul	11.42	
4 X 100 RELAY	Sa10:35	prelim	100	M	OPEN	Sarpong, Benjamin	10.72	
Result	predicted>	5th	----	----	-----	No Min Qual		2nd 49.90
4 X 100 RELAY	Su11:20	FINAL	100	F	40	Samilton, Cynthia	14.96	
4 X 100 RELAY	Su11:20	FINAL	100	F	OPEN	Powell, Sharonda	12.98	
4 X 100 RELAY	Su11:20	FINAL	100	M	40	Westbrook, Paul	10.94	
4 X 100 RELAY	Su11:20	FINAL	100	M	OPEN	Sarpong, Benjamin	10.58	
Result	predicted>	2nd	----	----	----			1st 49.46
800 TEAM	Sa10:50	prelim	800	F	OPEN	drop		DNE
800 TEAM	Sa10:50	prelim	800	F	OPEN	drop		DNE
Result	predicted>		----	----	----	5:50 min		xth DNE
800 TEAM	Su11:30	FINAL	800	F	OPEN	drop		DNE
800 TEAM	Su11:30	FINAL	800	F	OPEN	drop		DNE
Result	predicted>		----	----	----			xth DNE

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2000 Event	Day / Time	Fin/ Pre	Dist	Sex	Age	00 Name	00 Result	Place
SUBMAST DIST	Sa11:15	FINAL	800	M	30	Wu, Sam	02:07.5	
SUBMAST DIST	Sa11:15	FINAL	400	F	30	Toliver, Robin	01:05.9	
SUBMAST DIST	Sa11:15	FINAL	1200	M	35	Luo, Luke	03:22.2	
SUBMAST DIST	Sa11:15	FINAL	1600	M	35	Steffen, Scott	04:32.7	
Result	predicted>	3rd	----	----	----		2nd	11:08.4
3 LAP SPRINT	Sa11:45	prelim	200	F	OPEN	Iba, Elaine	00:28.3	
3 LAP SPRINT	Sa11:45	prelim	200	M	OPEN	Hogg, Geoff	00:25.5	
3 LAP SPRINT	Sa11:45	prelim	400	M	OPEN	Lowe, Breck	00:56.7	
3 LAP SPRINT	Sa11:45	prelim	400	M	OPEN	Thomas, Marlon	00:51.6	
Result	predicted>	5th	----	----	----	2:50 min	3rd	02:42.1
3 LAP SPRINT	Su11:50	FINAL	200	F	OPEN	Stark, Kelly	00:28.8	
3 LAP SPRINT	Su11:50	FINAL	200	M	OPEN	Sarpong, Benjamin	00:22.4	
3 LAP SPRINT	Su11:50	FINAL	400	M	OPEN	Carter, Brashant	00:49.0	
3 LAP SPRINT	Su11:50	FINAL	400	M	OPEN	Thomas, Marlon	00:49.9	
Result	predicted>	1st	----	----	----		2nd	02:30.1
EXECUTIVE RELAY	Sa11:55	prelim	800	F	30	Eissa, Mona	03:00.8	
EXECUTIVE RELAY	Sa11:55	prelim	400	M	30	DeLaCruz, Joe	00:58.0	
EXECUTIVE RELAY	Sa11:55	prelim	800	M	30	Smith, Steve	02:14.7	
EXECUTIVE RELAY	Sa11:55	prelim	1600	M	30	Scales, Richard	05:12.5	
Result	predicted>	9th	----	----	----	12:10min	5th	11:26.0
EXECUTIVE RELAY	Su12:10	FINAL	800	F	30	Allesandra, Lita	02:39.9	
EXECUTIVE RELAY	Su12:10	FINAL	400	M	30	DeLaCruz, Joe	00:57.5	
EXECUTIVE RELAY	Su12:10	FINAL	800	M	30	Smith, Steve	02:15.2	
EXECUTIVE RELAY	Su12:10	FINAL	1600	M	30	Luo, Luke	04:49.0	
Result	predicted>	5th	----	----	----		4th	10:41.6
4 X 200 RELAY	Sa12:25	prelim	200	M	40	Elliott, Mike	00:25.4	
4 X 200 RELAY	Sa12:25	prelim	200	M	50	Johnson, Bo	00:25.0	
4 X 200 RELAY	Sa12:25	prelim	200	F	OPEN	Iba, Elaine	00:29.1	
4 X 200 RELAY	Sa12:25	prelim	200	M	OPEN	Lowe, Breck	00:25.5	
Result	predicted>	5th	----	----	----	1:58 min	1st	01:45.0
4 X 200 RELAY	Su12:40	FINAL	200	M	40	Elliott, Mike	00:24.4	
4 X 200 RELAY	Su12:40	FINAL	200	M	50	Johnson, Bo	00:25.2	
4 X 200 RELAY	Su12:40	FINAL	200	F	OPEN	Powell, Sharonda	00:28.0	
4 X 200 RELAY	Su12:40	FINAL	200	M	OPEN	Carter, Brashant	00:20.4	
Result	predicted>	2nd	----	----	----		1st	01:38.0
MILE TEAM	Sa01:10	prelim	1	M	OPEN	drop		DNE
MILE TEAM	Sa01:10	prelim	1	M	OPEN	drop		DNE
Result	predicted>		----	----	----		9:50 min	DNE
MILE TEAM	Su1:00	FINAL	1	M	OPEN	drop		DNE
MILE TEAM	Su1:00	FINAL	1	M	OPEN	drop		DNE
Result			----	----	----			DNE
SENIORS RELAY	Sa01:40	prelim	400	M	50	King, Rio	01:12.8	
SENIORS RELAY	Sa01:40	prelim	200	F	50	Walker, Sheila	00:35.7	
SENIORS RELAY	Sa01:40	prelim	600	M	50	Vanbesien, Bies	01:50.4	
SENIORS RELAY	Sa01:40	prelim	400	M	50	Knabe, Doug	01:08.2	
Result	predicted>	8th	----	----		5:25 min	7th	04:47.1
SENIORS RELAY	Su01:50	FINAL	400	M	50	King, Rio	01:07.0	
SENIORS RELAY	Su01:50	FINAL	200	F	50	Walker, Sheila	00:34.0	
SENIORS RELAY	Su01:50	FINAL	600	M	50	Vanbesien, Bies	01:46.0	
SENIORS RELAY	Su01:50	FINAL	400	M	50	Knabe, Doug	01:04.9	
Result	predicted>	4th	----	----			6th	04:31.9

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2000 Event	Day / Time	Fin/ Pre	Dist	Sex	Age	00 Name	00 Result	Place
WOMENS RELAY	Sa02:00	prelim	800	F	OPEN	Michalak, Beth	02:31.5	
WOMENS RELAY	Sa02:00	prelim	400	F	40	Samilton, Cynthia	01:14.7	
WOMENS RELAY	Sa02:00	prelim	400	F	OPEN	Toliver, Robin	01:12.1	
Result	predicted>	6th	age tot	=90	40	5:40 min	2nd	04:58.3
WOMENS RELAY	Su02:10	FINAL	800	F	OPEN	Michalak, Beth	02:28.7	
WOMENS RELAY	Su02:10	FINAL	400	F	40	Samilton, Cynthia	01:10.3	
WOMENS RELAY	Su02:10	FINAL	400	F	OPEN	Toliver, Robin	01:05.1	
Result	predicted>	4th	age tot	90	40		4th	04:44.1
SUBMAST SPRINT	Sa02:15	prelim	200	F	35	Gordon, Mariquita	00:28.2	
SUBMAST SPRINT	Sa02:15	prelim	200	M	35	Hurndon, James	00:25.9	
SUBMAST SPRINT	Sa02:15	prelim	400	M	30	Grant, Chris	00:56.4	
SUBMAST SPRINT	Sa02:15	prelim	800	M	35	Desosa, Dave	02:10.9	
Result	predicted>	5th	----	----	----	4:30 min	3rd	04:01.4
SUBMAST SPRINT	Su02:20	FINAL	200	F	35	Gordon, Mariquita	00:28.0	
SUBMAST SPRINT	Su02:20	FINAL	200	M	35	Elliott, Mike	00:24.1	
SUBMAST SPRINT	Su02:20	FINAL	400	M	30	Grant, Chris	00:52.2	
SUBMAST SPRINT	Su02:20	FINAL	800	M	35	Steffen, Scott	02:01.7	
Result	predicted>	2nd	----	----	----		1st	03:46.0
PRESIDENTS RELAY	Su02:50	FINAL	800	M	40	Vanbesien, Bies	02:33.9	
PRESIDENTS RELAY	Su02:50	FINAL	400	M	40	Watson, Scott	01:03.8	
PRESIDENTS RELAY	Su02:50	FINAL	800	M	40	Bonner, Brian	02:18.8	
Result	predicted>	2nd	----	----	----		2nd	05:56.5
PYRAMID RELAY	Sa02:40	prelim	400	F	OPEN	Stark, Kelly	01:09.0	
PYRAMID RELAY	Sa02:40	prelim	800	M	OPEN	Sucher, Brad	02:24.5	
PYRAMID RELAY	Sa02:40	prelim	1200	M	OPEN	VanDerWiejden, Richard	03:26.6	
PYRAMID RELAY	Sa02:40	prelim	800	M	OPEN	Wu, Sam	02:16.4	
PYRAMID RELAY	Sa02:40	prelim	400	F	OPEN	Michalak, Beth	01:05.5	
Result	predicted>	8th	----	----	----	10:35 min	6th	10:22.0
PYRAMID RELAY	Su04:05	FINAL	400	F	OPEN	Toliver, Robin	01:05.2	
PYRAMID RELAY	Su04:05	FINAL	800	M	OPEN	Wu, Sam	02:07.4	
PYRAMID RELAY	Su04:05	FINAL	1200	M	OPEN	Steffen, Scott	03:19.9	
PYRAMID RELAY	Su04:05	FINAL	800	M	OPEN	Luo, Luke	02:07.1	
PYRAMID RELAY	Su04:05	FINAL	400	F	OPEN	Michalak, Beth	01:04.1	
Result	predicted>	5th	----	----	----		5th	09:43.7
MASTERS RELAY	Sa03:05	prelim	800	M	40	DeLaCruz, Joe	02:27.9	
MASTERS RELAY	Sa03:05	prelim	400	M	40	Elliott, Mike	01:03.0	
MASTERS RELAY	Sa03:05	prelim	800	M	40	Bonner, Brian	02:30.8	
MASTERS RELAY	Sa03:05	prelim	200	F	40	Allesandra, Lita	00:29.5	
MASTERS RELAY	Sa03:05	prelim	200	M	50	Deatherage, Tony	00:30.3	
Result	predicted>	10th	----	----	----	7:37 min	6th	07:01.5
MASTERS RELAY	Su04:35	FINAL	800	M	40	Iles, Robert	02:10.2	
MASTERS RELAY	Su04:35	FINAL	400	M	40	DeLaCruz, Joe	00:57.1	
MASTERS RELAY	Su04:35	FINAL	800	M	40	Jenkins, JJ	02:05.9	
MASTERS RELAY	Su04:35	FINAL	200	F	40	Allesandra, Lita	00:28.9	
MASTERS RELAY	Su04:35	FINAL	200	M	50	Johnson, Bo	00:25.3	
Result	predicted>	5th	----	----	----		3rd	06:07.4
DISTANCE MEDLEY	Sa3:30	FINAL	1600	M	OPEN	Scales, Fanny	06:11.0	
DISTANCE MEDLEY	Sa3:30	FINAL	800	F	OPEN	Sucher, Brad	02:18.7	
DISTANCE MEDLEY	Sa3:30	FINAL	1600	M	40	Drumm, Jim	05:06.9	
DISTANCE MEDLEY	Sa3:30	FINAL	1600	M	OPEN	Jenkins, JJ	05:12.8	
DISTANCE MEDLEY	Sa3:30	FINAL	3200	M	OPEN	Iles, Robert	10:58.8	

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2000 Event	Day / Time	Fin/ Pre	Dist	Sex	Age	00 Name	00 Result	Place
Result	predicted>	6th	----	----	----		6th 29:48.2	
SPRINT RELAY	Sa04:30	prelim	200	F	OPEN	Thummel, Allison	00:31.2	
SPRINT RELAY	Sa04:30	prelim	200	F	OPEN	Stark, Kelly	00:27.8	
SPRINT RELAY	Sa04:30	prelim	400	M	OPEN	Hogg, Geoff	00:57.9	
SPRINT RELAY	Sa04:30	prelim	400	M	OPEN	Carter, Brashant	00:48.5	
SPRINT RELAY	Sa04:30	prelim	200	M	40	Hurndon, James	00:25.6	
SPRINT RELAY	Sa04:30	prelim	200	M	OPEN	Grant, Chris	00:24.8	
Result	predicted>	6th	----	----	----	3:46 min	5th 03:35.8	
SPRINT RELAY	Su05:00	FINAL	200	F	OPEN	Gordon, Mariquita	00:28.2	
SPRINT RELAY	Su05:00	FINAL	200	F	OPEN	Stark, Kelly	00:28.5	
SPRINT RELAY	Su05:00	FINAL	400	M	OPEN	Grant, Chris	00:52.3	
SPRINT RELAY	Su05:00	FINAL	400	M	OPEN	Thomas, Marlon	00:50.0	
SPRINT RELAY	Su05:00	FINAL	200	M	40	Elliott, Mike	00:23.8	
SPRINT RELAY	Su05:00	FINAL	200	M	OPEN	Carter, Brashant	00:20.9	
Result	predicted>	1st	----	----	----		2nd 03:23.7	
TEAM JUMP(HIGH)	Sa12:00	FINAL	HJ	M	42	Niroumand, Mac	5' 6"	846
TEAM JUMP(HIGH)	Sa10:00	FINAL	HJ	M	41	Hurndon, James	DNJ	
TEAM JUMP(HIGH)	Sa10:00	FINAL	HJ	F	29	Vandegrift, Lisa	3' 10"	582
Result			----	----	----			
TEAM JUMP(LONG)	Su10:45	FINAL	LJ	M	42	Niroumand, Mac	18' 2.75"	751
TEAM JUMP(LONG)	Su10:45	FINAL	LJ	M	41	Hurndon, James	DNJ	
TEAM JUMP(LONG)	Su10:45	FINAL	LJ	F	29	Vandegrift, Lisa	11' 1.75"	484
Result	predicted>	7th	----	----	----		9th	2663
TEAM DISCUS	Sa10:00	FINAL	DISC	M	46	Lewis, Lonnie	112' 2"	580
TEAM DISCUS	Sa10:00	FINAL	DISC	M	36	Rothenbury, Dave	131' 11"	610
TEAM SHOTPUT	Su10:45	FINAL	SHOT	M	46	Lewis, Lonnie	42' 3.5"	857
TEAM SHOTPUT	Su10:45	FINAL	SHOT	M	36	Rothenbury, Dave	37' 7.25"	619
Result	predicted>	5th	----	----	----		6th	2666
TEAM CAPTAIN						Westbrook, Paul		
ADMINISTRATOR						Ervin, Pam		

OVERALL: TI - 1st place

USCAA Nationals - Renton, WA

Aug 5-6, 2000

Team (Division)	Raw Total	Drop	Final Score
General Electric (I-A)	269	49	220
Lucent (I-A)	238	40	198
Texas Instruments (I-AA)	199	19	180
Qwest (I-AA)	182	10	172
Lockheed Martin (I-A)	195	29	166
Exxon / Mobil (I-A)	188	29	159
AT&T (I-A)	157	5	152
Cigna (I-AA)	119	0	119
Pacific Bell (I-AA)	121	3	118
Boeing (I-A)	85	0	85
Microsoft (I-AA)	76	0	76